# Air Pollution Information in Your Market

What's available and why you need it

American Lung Association April 3, 2013



# Today, we'll cover:

- What air quality information exists for your market
- How polluted air threatens health
- Where to find quick information about air trends
- Where pollution comes from—and how we're working to get rid of it



# Thank you for the opportunity today.

Janice E. Nolen
Assistant Vice President,
National Policy
Washington, DC







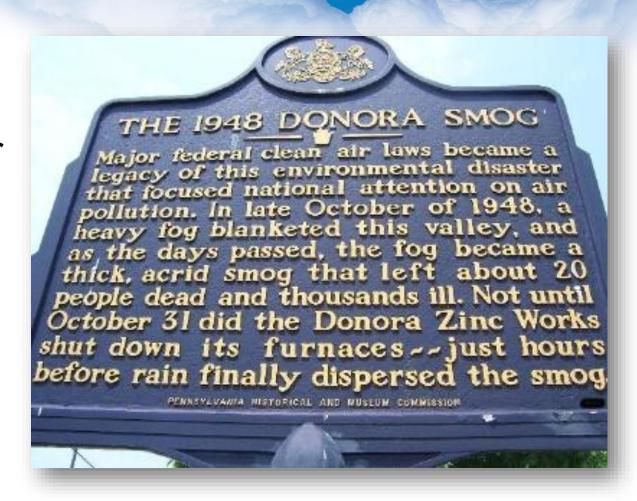


In many cities, pollution became the sign of economic growth.

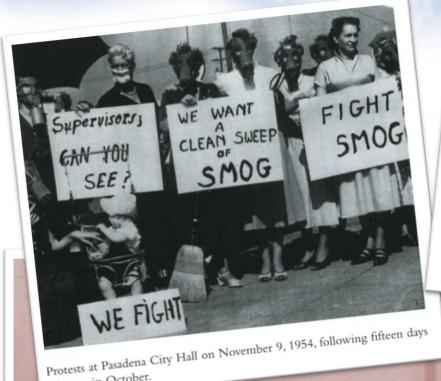
Mid-morning in Pittsburgh, 1947 from a Post-Gazette photo of Liberty Tunnel as it frames the city.

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Cleaning up air pollution started after disasters over 50 years ago.







of smog in October.

Dense fog over the Los Angeles Civic Center, 1955. Note that the buildings project above the base of the inversion layer, while the smog remains below.

# Los Angeles, 1950s

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New York City Thanksgiving, 1966

Credit: Neal Boenzi/NYT Pictures



1966: New York City buried under a sea of smoq.







Harbor at Tacoma, Washington August 1972



Smog over Boston

Looking north from Columbia Point Traffic Circle March, 1973





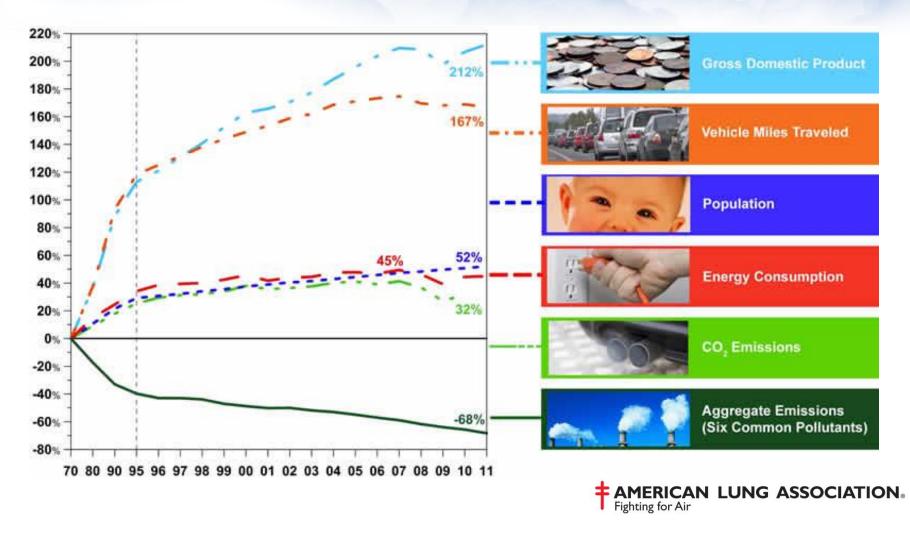


Los Angeles, September, 1973





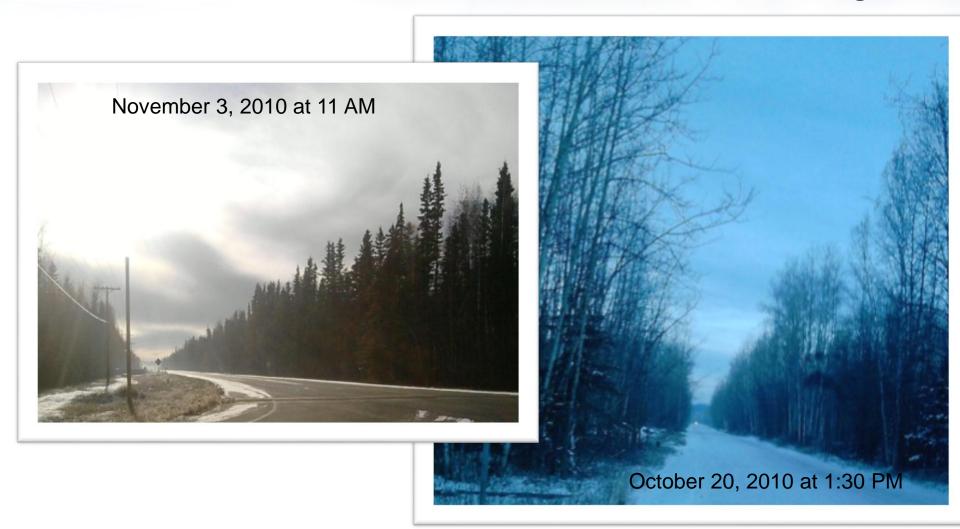
# Success since 1970





## Air pollution remains a problem

# Fairbanks, Alaska—haze from wood-burning







# Children, Teens face higher risk



Children, teens have growing lungs, spend more time outdoors, inhale more air per pound

# Older Adults face higher risk

Aging brings a

gradual decline in the body's systems that

makes us more vulnerable.





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# Chronic diseases mean higher risk

Having asthma or other lung diseases, cardiovascular

disease or diabetes puts you at higher risk.







# Healthy adults face higher risk

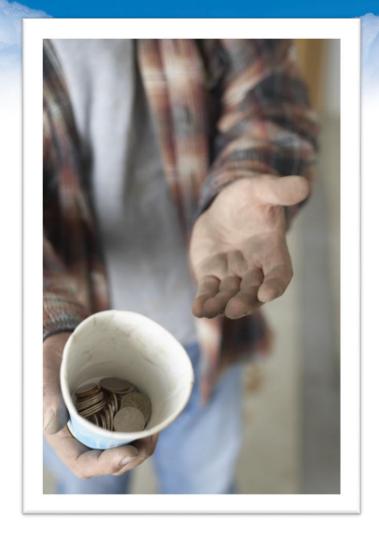
Working or exercising outdoors increases exposure, especially near highways





# Low income people face higher risk

Poorer people often live closer to sources of pollution, may have higher incidence of disease, and less access to care.

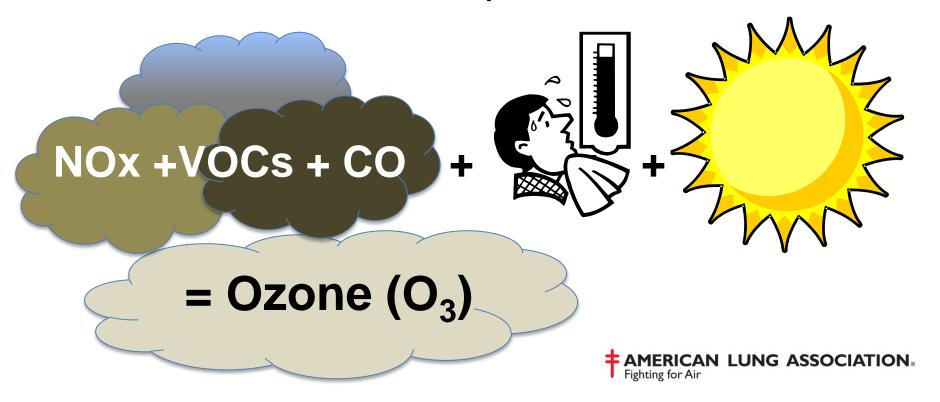




#### **Outdoor Air Pollutants**

# What is ozone?

- Gas, sometimes called smog
- Created in the atmosphere



Risks from Breathing Ozone

- Premature death
- Coughing and wheezing
- Asthma attacks
- Worsening of COPD
- Cardiovascular harm
- May harm central nervous system
- May increase risk of low birth weight
  - US EPA, Integrated Science Assessment for Ozone and Related Photochemical Oxidants, 2013

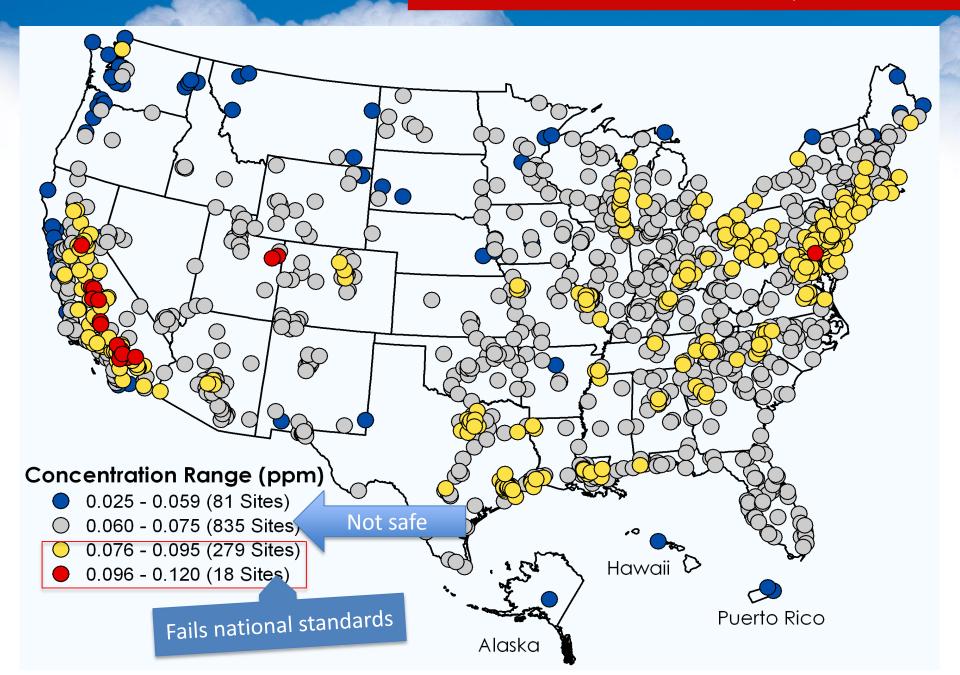
#### **Outdoor Air Pollutants**

# Ozone pollution

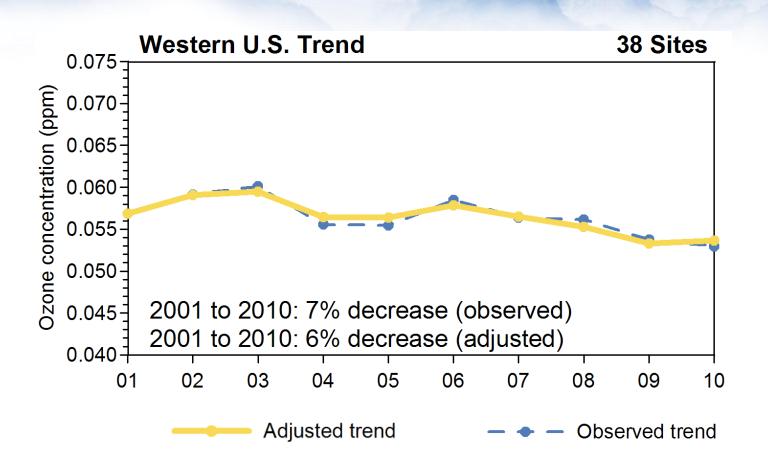
Comes from many sources, including-



### Ozone concentrations, 2010

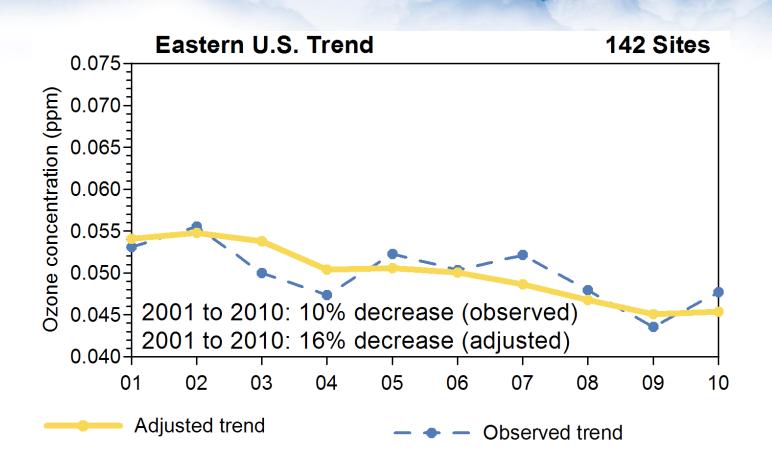


#### Weather influences ozone





#### Weather influences ozone

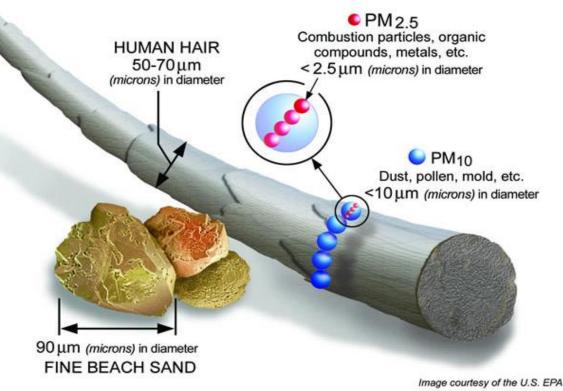




#### **Outdoor Air Pollutants**

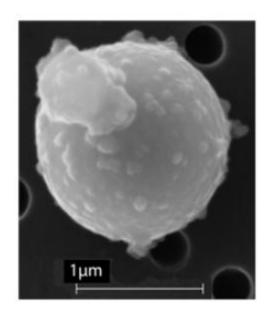
Particles are microscopic

Solids and aerosols bypass the body's defenses to lodge in lungs.

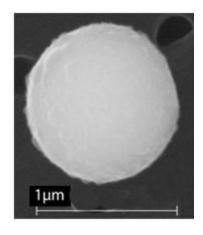


## Particle pollution

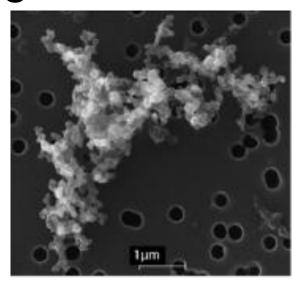
# Fine particles— Human origin



Aluminum silicate fly ash from a coal-fired power plant -EPA, 2009



Iron oxide from a steel manufacturing plant

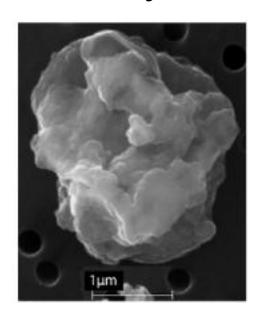


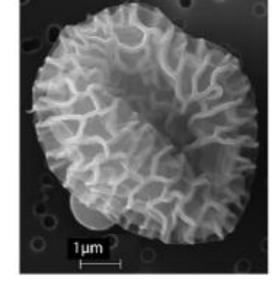
Carbon soot from a diesel engine—has lots of tiny particles

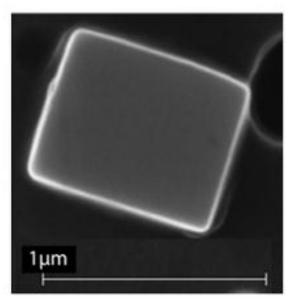
**† AMERICAN LUNG ASSOCIATION**® Fighting for Air

## Particle pollution

# Naturally-occurring particles







Aluminum silicate particle, probably crustal

Pollen particle, partially collapsed

Salt



Risks from Breathing Particles Premature mortality Asthma attacks Heart attacks, strokes Worsening of lung & cardiovascular diseases May cause cancer May cause lower birth weight & infant mortality EPA, Integrated Science Assessment, 2009

#### **Outdoor Air Pollutants**

# **Particle Pollution**

Comes from many sources, including-



## Natural pollution can be deadly, too

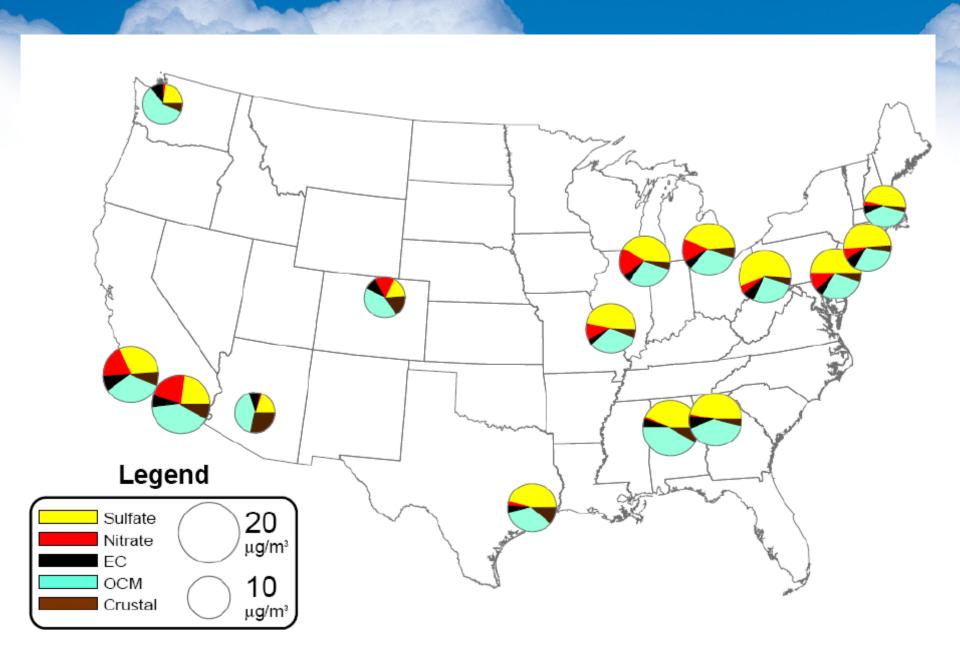


Massive dust storm hit Phoenix July 7, 2011

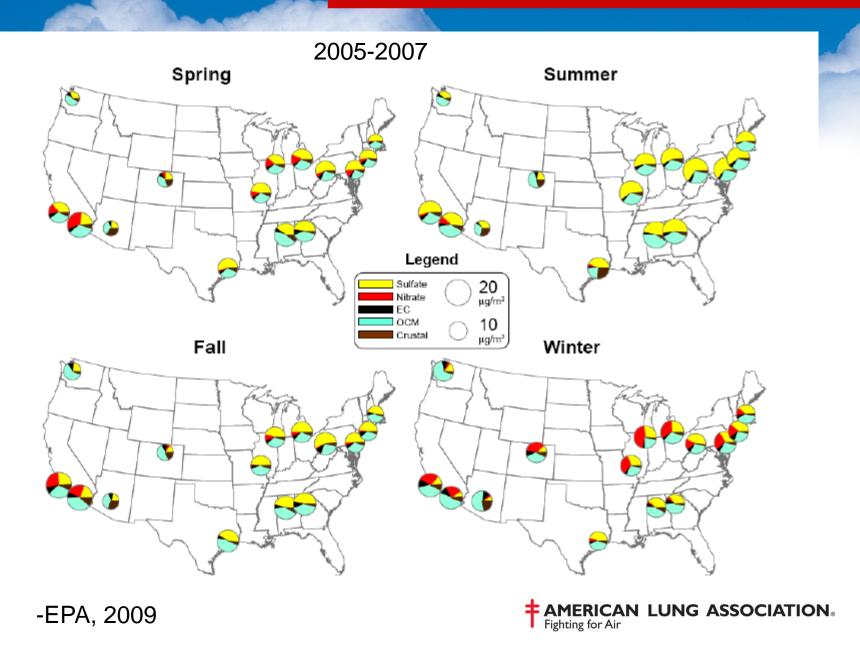
http://www.wrh.noaa.gov/psr/pns/2011/July/DustStorm.php



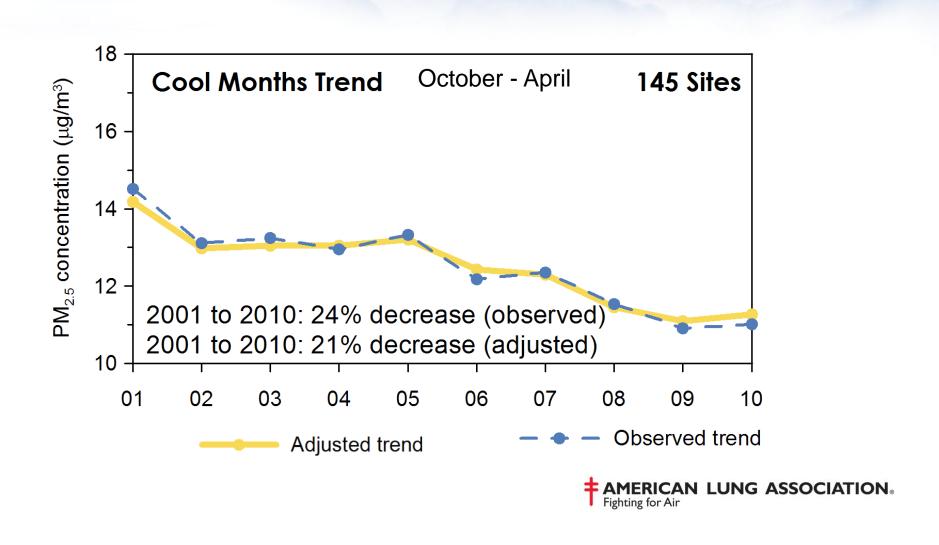
## Sources, composition vary



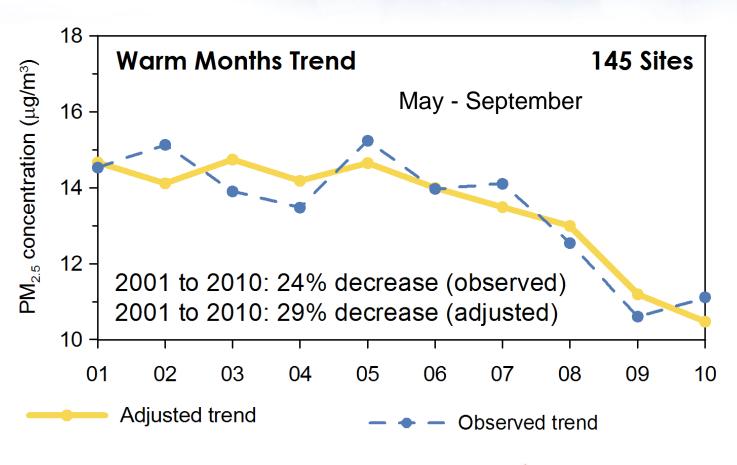
## Variations by season, region



## Weather influences particles



## Weather influences particles





#### Into the Index

#### Endorsed by:







# Deciphering the Air Quality Index

Good

Moderate

Unhealthy for Sensitive Groups

Unhealthy

Very Unhealthy

Hazardous

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# Air Quality Index Colors

Green = Good

Range= 0 – 50 Little or no risks expected



# Yellow = Moderate

Range 51-100

Unusually Sensitive people should consider limiting prolonged outdoor exertion\*

\* American Lung Association includes more people than "unusually sensitive"



# Orange = Unhealthy for Sensitive Groups

Ranges 101 - 150 Active children, teens, and adults, and people with chronic diseases (lung, heart & diabetes), should limit prolonged outdoor exertion\*

\*Diabetes added. Healthy adults may risk health as well.





# Red = Unhealthy

Range = 151 - 200

Active children and adults, people with chronic lung & heart disease & diabetes should avoid prolonged outdoor activities. Everyone should limit outdoor exertion.



# Purple = Very Unhealthy

Range = 201-300

Avoid all outdoor exertion, especially children, seniors, people with chronic lung, heart diseases or diabetics. All others limit.



# Maroon = Hazardous

Range = | 300 – 500 Emergency conditions. Entire population is affected.



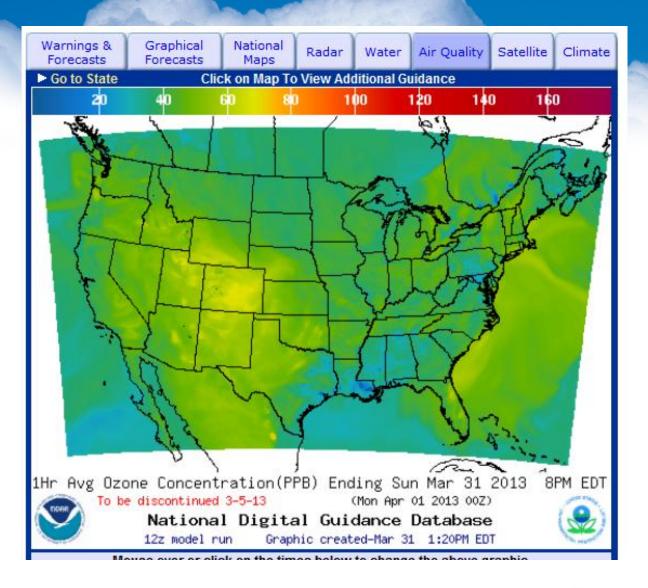
#### Online forecasts

# Finding Air Quality Forecasts online

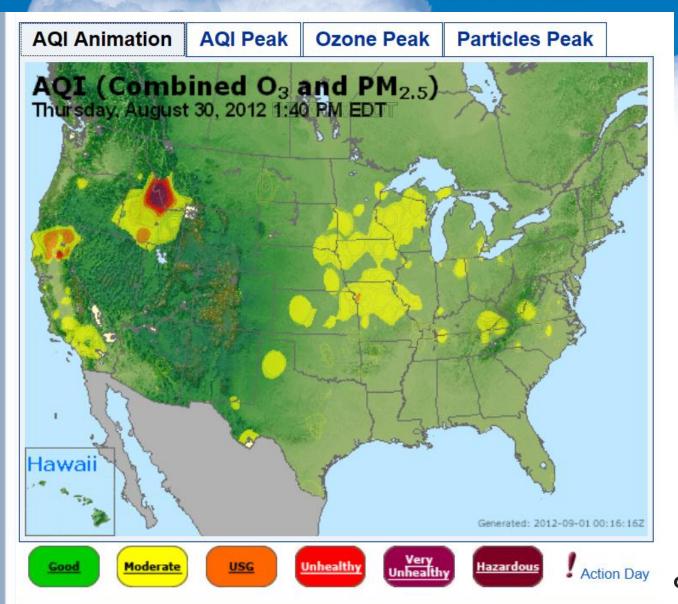
- <a href="http://airquality.weather.gov/">http://airquality.weather.gov/</a> (NOAA)
- <a href="www.airnow.gov">www.airnow.gov</a> (Partnership-Feds, states, locals, tribes, international, media)
- www.enviroflash.info (EPA)



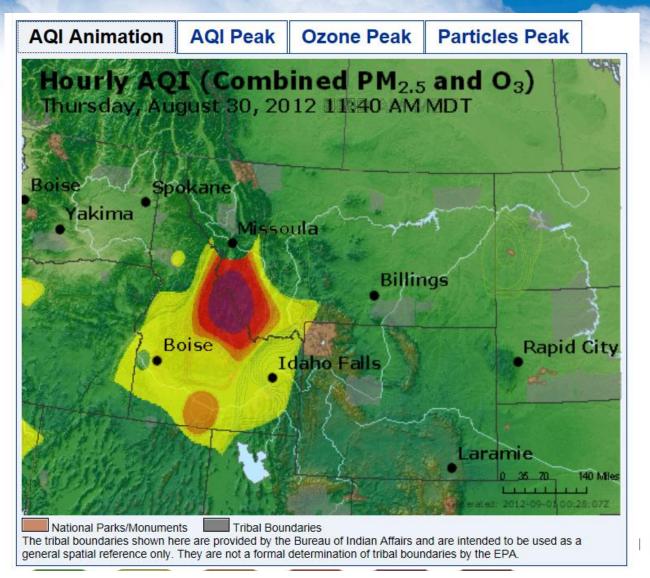
#### This week on NOAA's site



#### Last summer on Airnow.gov



#### Smoke reached purple levels



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#### EnvironFlash.info



#### Air Quality Notifications



EnviroFlash Home

EnviroFlash Challenge

EnviroFlash Fact Sheet (PDF) Learn how EnviroFlash works!

Free AIRNow iPhone & Android Apps! iPhone App | Android App

EnviroFlash on Twitter!

AIRNow RSS Feeds

EnviroFlash Toolkit

Available to AIRNow partner agencies

About the Air Quality Index (AQI)
(PDF)

Today's National Air Quality Forecast

Recommend to a friend

About EnviroFlash

#### Subscribe to EnviroFlash | Registered Subscribers

Welcome to EnviroFlash! Air quality affects how you live and breathe. Like the weather, it can change from day to day, or even hour to hour. Up-to-date information allows you to make decisions based on air quality forecasts. EnviroFlash comes to you through a partnership between the US EPA and your state or local air quality agency - notifying you about air quality so you don't have to go searching for it!



An <u>on-line subscription page</u> allows you to sign up, edit your profile, or cancel the service. After you choose the type and frequency of service you want, EnviroFlash will be sent to your email or cell phone as specified.



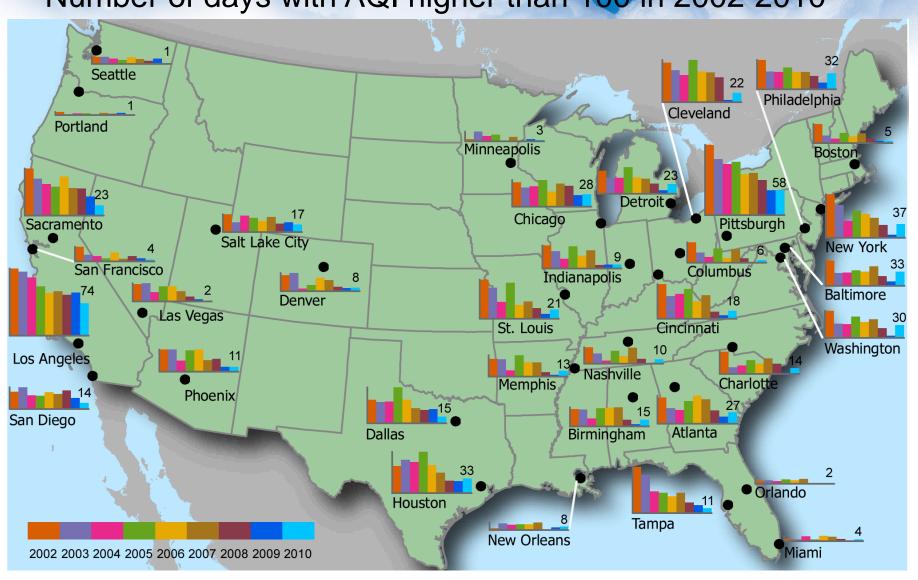
EnviroFlash: Air quality information straight to your inbox!

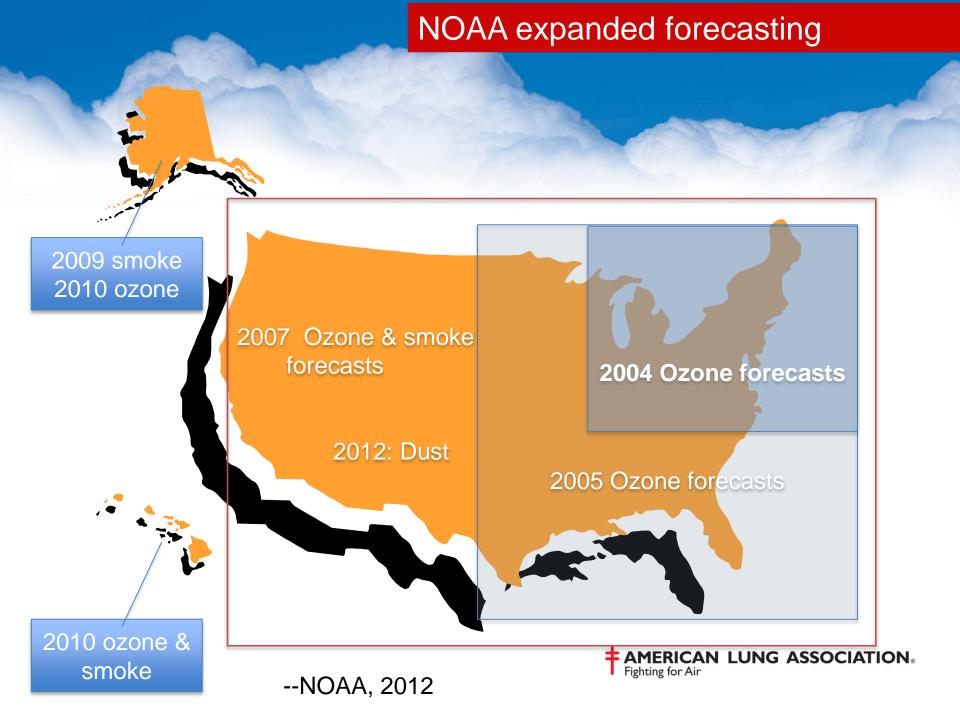


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#### Air quality is improving

#### Number of days with AQI higher than 100 in 2002-2010





#### NOAA enhanced forecasting

# NOAA Operational Capability (2012)

- State-of-the-Science ozone, smoke and dust forecast guidance
- Hour-by-hour predictions of concentrations in digital and graphical formats
- Nationwide coverage for ozone and smoke, CONUS for dust



#### NOAA enhanced forecasting

## NOAA Operational Capability (2012), cont'd.

- Forecast guidance thru midnight the next day
- Spatial resolution at 12-kilometer grid
- Temporal resolution
  - 1-hr averages each hour for ozone, smoke and dust
  - 8-hr averages each hour for ozone
- Target operational PM 2.5 forecasts for NE US in 2015



# Where we get the data

# Air Pollution Monitors

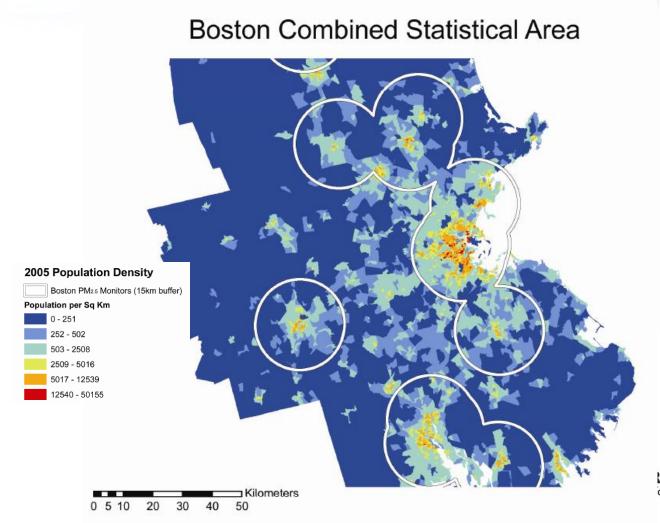


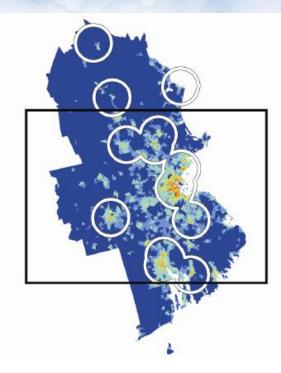


## Ozone monitors widespread in metros



#### Particle monitors in cities





-EPA, 2009

**LICAN LUNG ASSOCIATION**® or Air

## Air Quality Index

## How AQI is calculated

- Raw measurements collected from monitors
- Monitor readings converted into AQI using standard formulas for pollutants
  - Ozone
  - Particulate matter (PM 2.5 & PM 10)
  - Nitrogen oxides, Sulfur dioxide, carbon monoxide
- Highest AQI prevails



## Air Quality Index

# The highest AQI prevails

- On July 12 monitor readings show
   Ozone at 84 ppb, PM at 65 µg/m<sup>3</sup>
- Ozone reading = 122 AQI code orange
- PM wins. Day is code red



## Air Quality Index

## **Oddities**

- Q: How can AQI in the dense urban cities be better than AQI in suburbs?
- A: Chemistry. Ozone forms in the atmosphere, often showing up downwind, often a few hours later. Also, nitrogen oxides in urban areas "scavenge" ozone, but are also harmful. Particles may be higher in urban core, but may also form in atmosphere.



## Air Quality Forecasting

# Much is missing

- Need more monitors in nation, especially near roadways.
  - Only about 900 counties of 3,068 have monitors
- Funding for NOAA's forecasting unsettled.
  - Had proposed cutting it in March, but is "evaluating all alternatives"
  - "when/if' decision made to terminate, they expect to give notice



#### **Outdoor Air Pollutants**

# Toxic air pollution

No monitoring, forecasting or other than emergency notices about 180 hazardous air pollutants that harm health in other ways, including . . .



#### **Outdoor Air Pollutants**

# Just some of the toxic pollutants

#### Cause Cancer

- Arsenic
- Dioxins and furans
- Benzene
- Formaldehyde

May damage reproductive systems

PAHs

Damage developing nervous systems

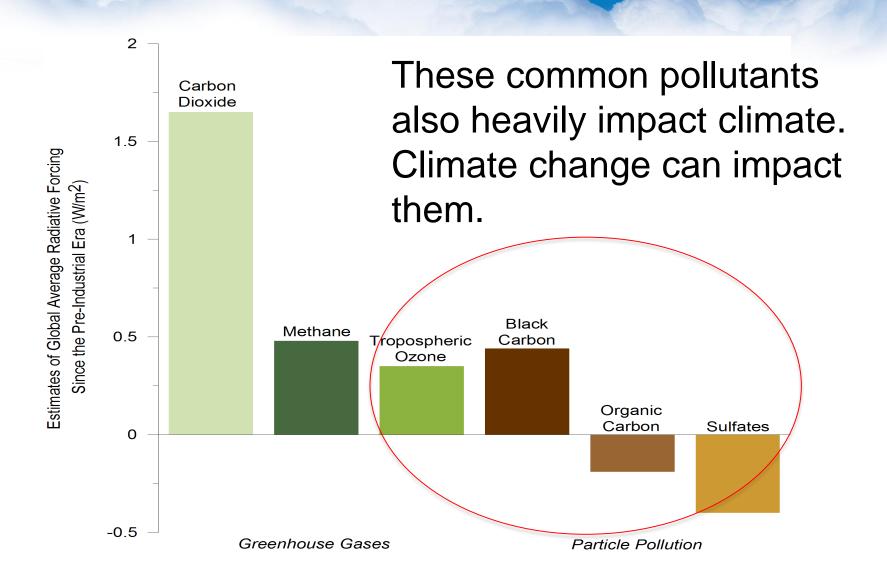
- Mercury
- Lead

Irritates skin, eyes, breathing passages

Acid gases



## Climate change powerhouses



## Why State of the Air?

# StateoftheAir.org



**Key Findings** 

**City Rankings** 

**Our Fight** 

**Health Risks** 

**Compare Your Air** 

Pres

## What's the State of Your Air?

For 13 years, the American Lung Association has analyzed data from state air quality monitors to compile the State of the Air report. The more you learn about the air you breathe, the more you can protect your health and take steps to make our air cleaner and healthier.

REPORT CARD: What's the Grade



Protect Your Family

Tell Congress we need cleaner air. Learn more.

Rreathing nolluted air can harm your health and even shorten your life. State of the Air

#### Website



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**Key Findings** 

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**Health Risks** 

**Compare Your Air** 

**Press Materials** 

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Breathing polluted air can harm your health and even shorten your life. State of the Air is a report card on air pollution in communities across the nation. The more you learn, the more you can protect your health and take steps to make our air cleaner and healthier.

Did You Know?

Take Action Now

N Join Our Fight For Air

Latest @LungAssociation **Tweets** 

LungAssociation: @RepTierney Thanks for your support for the #PreventionFund and your support of lung health! Fri, Apr 27

LungAssociation: #StateoftheAir 2012 monitored the 2 most widespread types of air pollution, ozone (smog) & particle pollution (soot) from 2008-2010 Fri, Apr 27

LungAssociation: #5Words to consider: Don't gut clean air protections! Take action at http://t.co/mQOqATCZ Fri, Apr 27

» Visit Us on Twitter



## Why State of the Air?

## What State of the Air Does



Puts air pollution into everyday language
Gives public local information
Focuses attention on ozone and particle

# AMERICAN LUNG ASSOCIATION®

## Why State of the Air?

# What is the State of the Air report?

- This will be our I4<sup>th</sup> Annual look at air pollution -2009-2011 data
- Gives A- F Grades or Pass/Fail to 900 counties with monitors (out of 3,068 counties)
- Ranks 25 metro areas with worst pollution (& cleanest)
- Access county, state info by zip code

#### **Timetable**

- Released April 24
  - Embargo lifts at 12 AM, local time
  - Website launches 12 AM EDT
- Questions? Email us:
   Janice Nolen, Nick Sukachevin
   <u>Janice.Nolen@Lung.org</u>
   <u>Nickom.Sukachevin@Lung.org</u>



## For forecasting air quality

# Lung Association's State of the Air App



- Provides forecasts using data from state/local air agencies nationwide
- Works on iPhone and Android platforms
- Available from iPhone app store and Google Play



#### Additional Resources

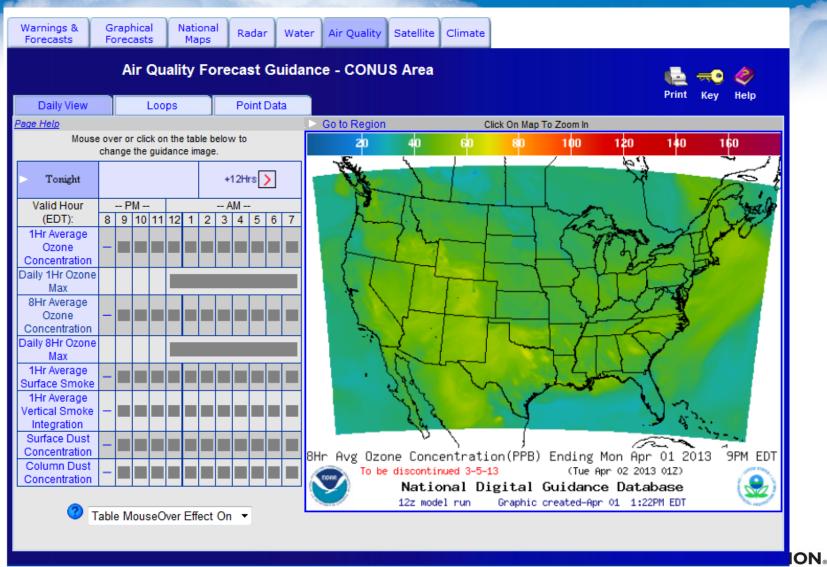
## **NOAA** information

- Overview of the NOAA's work in air quality for the public
  - <a href="http://www.nws.noaa.gov/airquality/">http://www.nws.noaa.gov/airquality/</a>
- Air quality forecast Capability
  - <a href="http://www.nws.noaa.gov/ost/air\_quality/">http://www.nws.noaa.gov/ost/air\_quality/</a>

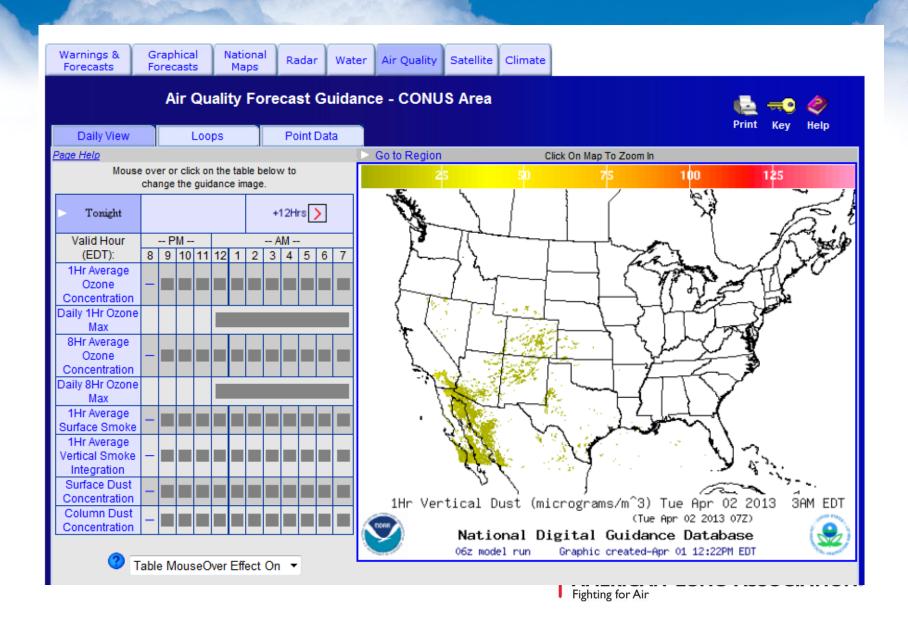
NOAA's
Air Quality
Awareness Week
2013



#### Detailed NOAA forecasts



#### **Detailed NOAA forecasts**



#### Great EPA resource people

## At EPA, contact:

For more information on the AQI, call:

- Alison Davis
   media contact 919-541-7587 <u>davis.alison@epa.gov</u>
- Debbie Stackhouse
   outreach contact 919-541-5354
   stackhouse.debbie@epa.gov
- Susan Stone
   health contact 919-541-1146
   stone.susan@epa.gov
- Richard "Chet" Wayland meteorologists contact – 919-541-4603 wayland.richard@epa.gov



#### Airnow Resources

# Airnow.gov

- Toolkit for weathercasters
  - <a href="http://airnow.gov/index.cfm?action=aqifor.weathercast">http://airnow.gov/index.cfm?action=aqifor.weathercast</a>
- Lots of resources for weathercasters, especially TV
  - <a href="http://www.airnow.gov/index.cfm?action=tvweather.index">http://www.airnow.gov/index.cfm?action=tvweather.index</a>
- PowerPoints, brochures, other video resources

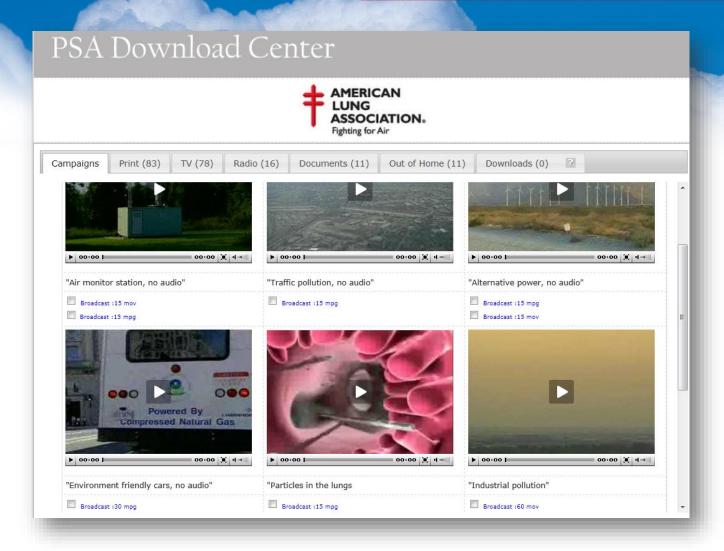
#### More from the Lung Association

# Other Lung Association Resources

- www.Fightingforair.org website has personal stories from people affected by air pollution
- B-roll of air pollution, including animated video showing how pollution affects your lungs
  - http://plowsharegroup.com/media\_downloads/ala.php
     (scroll down to find Air Pollution video)



#### More from the Lung Association



http://plowsharegroup.com/media\_downloads/ala.php



#### Remember . . .

Why do we care about the air?

## Millions of reasons

- Over I20 million people live in counties with too many days of dirty air (either ozone or particles).
- Too many will become sick or die early.

## Thank you for your help.



We will breathe easier when the air in every American community is clean and healthy.

We will breathe easier when people are free from the addictive grip of tobacco and the debilitating effects of lung disease.

We will breathe easier when the air in our public spaces and workplaces is clear of secondhand smoke.

We will breathe easier when children no longer battle airborne poisons or fear an asthma attack.

Until then, we are fighting for air.

